



Coffee Pot Talk



NDIAA Newsletter



April 2023
21B Trolley Square
Wilmington, DE 19806
302-655-5113
Ndiaa.org



If you would like to share your experience, strength and hope — please consider writing for the newsletter.

Step 4

- Made a searching and fearless moral inventory of ourselves

Tradition 4

- Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept 4

- At all responsible levels, we ought to maintain a traditional "Right of Participation", allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

CORRECTIONAL COMMITMENTS

Baylor Correctional (Women)

Saturdays, 1 - 3 PM

Plumber Center Correctional (Men)

Wednesdays, 2 – 3 PM

Howard Young Correctional (Men)

Thursdays, 6 – 7 PM

Anyone interested, please go to NDIAA.org website. (<https://www.ndiaa.org>). At the top, go to “Service”, then go to Other Service Opportunities. Go down to “Correction Commitment”, click on “How can I sign up”, then click on “Ready to sign up” and that link will download the application. Complete the application in full. This is your security clearance for this commitment.

Once you have completed the application, email it to:

elizabeth.romero@del.gov

Or you can drop off or mail your application to: Northern Delaware Intergroup,
21 B Trolley Square, Wilmington, DE 19806

The application must be completed. If there are any discrepancies or blank areas, the application **will NOT** pass through security.

Any questions or concerns, contact Jack B. 302-723-6641

Over the course of the next few newsletters, you will learn a bit about homegroups in the area!

Featured Homegroup → Courage to Change

Courage to Change meets Sunday at 7pm. They are located at Limestone Presbyterian Church (3201 Limestone Road Wilmington, DE). The founding members of the group include Lonnie B, Willie D, and Barbara B. This meeting first met in 1986 and was associated with Connection (Woodmill). When the group was first created they listed with GSO, and their name has always been the same. It is unknown how people came to be aware of a new group forming or how many attended the first meeting. The group is comprised of both men and women of various ages. A group inventory has not been performed regularly. The meeting is an open meeting and follows the listed format:

1st Sunday : Big Book

2nd Sunday : Discussion/ Tradition

3rd Sunday : Step meeting

4th Sunday : Discussion/ Tradition

5th Sunday : Speaker

Through the years, the format has changed occasionally. The group celebrates anniversaries weekly. The group itself was celebrated when it had been a group for 25 years. Courage to Change takes on service commitments with intergroup and is active with local and regional A.A. functions.



Interview with Hayden

Sobriety Date : 9/17/21

Homegroup : Trolley Square Literature Group

1.) When did you first realize you had a drinking problem?

I had no problems. I felt I was born doomed, and that I was a defective human being, and questioned my purpose.

2.) How did you find AA?

I was court ordered when I was 16 years old. I went as a child with my dad so I was exposed to A.A. early.

3.) Does alcoholism run in your family?

Yes on my dad's side of the family.

4.) What effect has AA had on your relationships (marriage, children, friends etc.)

I just had an experience recently that my girlfriend's mom came over for dinner and texted me that after with words of appreciation about me and how happy I make her daughter. A.A. shines through me, and sometimes the problem is my thinking. I have a better relationship now with my mom, brother, and father and have done amends with them.

5.) What tools do you rely on to stay sober?

The 12 steps – undoubtedly. I really stay in 10, 11, and 12. Meeting with others people also helps.

6.) What is your favorite AA slogan and why?

“Keep it simple” – Because I complicate everything!

7.) How do you stay grateful?

Doing my inventory (step 11), prayer and meditation play key roles.

8.) Do you have a sponsor and how do you benefit from that relationship?

I benefit greatly. I wouldn't be sober without him, I would of drank if I did not have him to call.

9.) What is your favorite step?

Step 1. I know I will drink again someday if I don't do the next 11 steps that follow.

10.) What is your advice for newcomers?

Get a sponsor and go through the 12 steps

11.) What is your greatest joy in recovery?

Gaining a relationship back with my brother.

12.) How do you find the solution?

Going through the 12 steps and praying every day. My relationship with god is a major part of it and taking suggestions from others. I have to stay out of my own way and try something new. I have to remember that my primary purpose is to stay sober and help another alcoholic.



Listen to Grapevine's New Weekly PODCAST!

AA Grapevine's half-hour variety podcast features...

- powerful interviews with AA members on getting sober, meetings, service, Steps, sponsorship and more!
- current information about AA and AA Grapevine
- jokes, fun AA banter and surprise guests!

Each week, longtime AA members Don and Sam will interview sober alcoholics, writers of current Grapevine stories, general service reps and more about their experience, strength and hope in a casual "meeting after the meeting" manner. A new episode will be available in English each Monday at 9:00 a.m. EST.

To listen to new or past episodes, visit: www.aagrapevine.org/podcast (or wherever you get your podcasts)

Follow us on Instagram!
@alcoholicsanonymous_gv

- See the new magazine issues on release
- Learn about new and existing Grapevine books
- See clips from our YouTube Channel
- Get inspiration from our cofounders and more!

To order this item or any other product from our collection, visit us at www.aagrapevine.org and click on store or call (800) 631-6025 US/Canada (847) 559-7237 International or fax us at (847) 564-9453.

Upcoming Events:

Northern Delaware Intergroup

Spring Breakfast



April 30, 2023
Doors open at 8:30 AM
Breakfast at 9:00 AM
Speaker at 10:00 AM



Hockessin Memorial Hall
Rt 41 and Yorklyn Road
Hockessin, Delaware

Tickets: \$15.00
See your Intergroup Rep, or contact
NDIAA Office at 302-655-5113

SAVE THE DATE

June 11, 2023
Founders Day Picnic

Lums Pond
Pavilion #1

1068 Howell School Road
Bear, DE

Northern Delaware Intergroup
More information to come.



**The More Will Be Revealed Group
Presents**

A NIGHT IN THE PARK WITH THE STEPS
5th Annual outdoor spring speaker event

May 3rd 7pm to 8:30pm

Four 20 minute speakers on all 12 steps

Steps 1, 2, 3 - Adrienne B, West Virginia
Steps 4, 5, 6, 7 - Kathy P, Maryland
Steps 8, 9 - Chris O, Delaware
Steps 10, 11, 12 - Al B, West Virginia

IN ROCKFORD PARK
AT MT. SALEM UNITED METHODIST CHURCH
2629 W 19th St Wilmington De 19806

If it rains the meeting will be held inside
the church. Chairs will be provided
but feel free to bring your own.



**Come
Join
Us**

**22nd Anniversary of
Tuesday Night Big Book Meeting!**

All are Welcome!

Tuesday, May 9th
Food & Fellowship - 7:00-8:00
Speakers - 8:00-9:00

St. David's Parish Hall
2830 Grubb Road
Wilmington, DE 19810

Bring a side dish or dessert!



Helpful Links for more information

<https://www.aa.org/newsletters>

<http://www.delawareaa.org/findanaameeting.html>

<https://www.aagrapevine.org/>

Anniversary Club

Bill C 5/2/78

Bob A 7/9/90

Bob M 1/17/83

Brendan D 5/3/09

Brenda A 2/23/85

Carel B 4/26/04

Carolyn W 7/15/82

Christopher K 1/03

David C 2/1/94

David G 7/6/99

David F 11/23/07

David K 12/3/72

Patricia K 12/17/87

Debbie H 3/16/91

Doris S 4/80

Doug W 2/28/91

Ed H 1/28/96

Franny C 5/7/96

Fred M 5/5/90

Gail R 6/4/92

Jaime B 8/8/04

Jaffrey H 11/24/96

Janice S 12/25/10

Ken P 9/20/83

Kerry O 4/20/08

Laura R 6/21/95

Leslie D 2/20/90

Liza F 1/20/05

Marilyn M 6/26/99

Marie R 9/6/83

Mary Ellen S 1/24/10

Melissa S 6/23/08

Mike M 4/20/91

Nancy V 2/21/05 (deceased)

David S 7/8/86

Patsy M 1/6/88

Phyllis M 3/9/88

Sally C 10/15/95

Shirley U 3/19/76

Stanley B 3/5/79

Suzanne M 4/4

Tenney W 5/15/82

Tom H 7/2/04

Tom McD 1/16/96

Tracy D 2/28/13

Jason B 4/20/09

Valerie S 2/3/89

Jim S 4/10/88

Walt A 1/94

Kara G 11/8/12

Wes J 4/21/75

Kathy O 6/11/97

Wes M 2/1/94

Ken H 11/4/97

*** Would you like to celebrate your anniversary, show your fellows how the program works and contribute to your Northern Delaware Intergroup at the same time? The anniversary club is easy to join, Here's how it works... you can email the information below to intergroup at mainoffice@ndiaa.org. A small donation of \$1 per year sober is all it costs to have your name and anniversary date printed in the newsletter every month for a whole year. ***