



# Coffee Pot Talk

## NDIAA Newsletter



January 2023  
21B Trolley Square  
Wilmington, DE 19806  
302-655-5113  
Ndiaa.org



If you would like to share your experience, strength and hope — please consider writing for the newsletter.

### Our Principals

Step 1	Tradition 1	Concept 1
“We admitted we were powerless over alcohol—that our lives had become unmanageable.”	“Our common welfare should come first; personal recovery depends on AA unity.”	“Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.”

**Over the course of the next few newsletters, you will learn a bit about homegroups in the area!**

### Featured Homegroup → Serenity Seekers

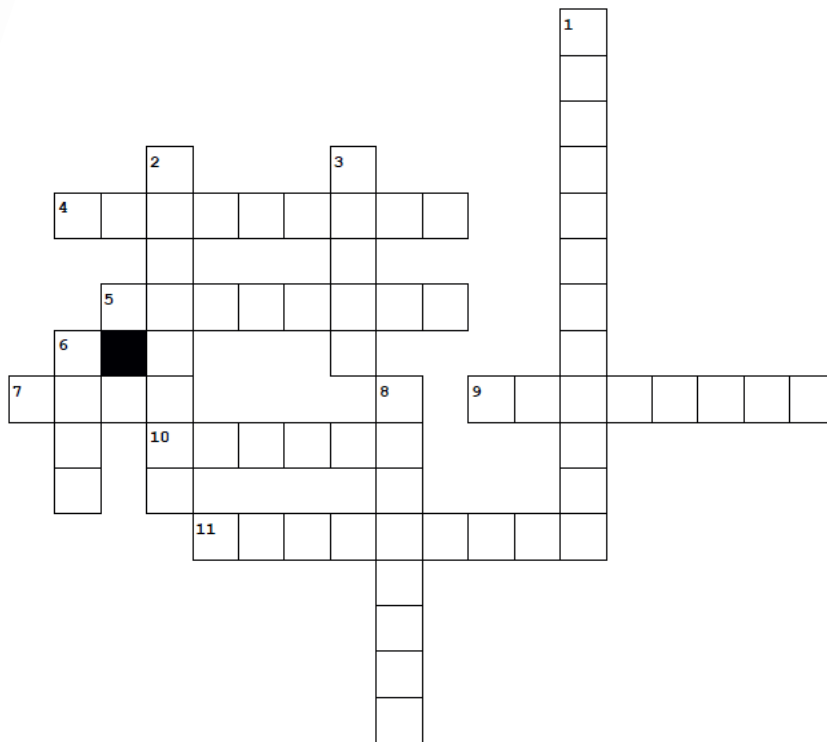
Open Women’s Meeting every Friday 7:00pm via Zoom  
860 4215 9920  
Password 846488

We used to be a part of Sisters in Serenity. Once the pandemic lightened up and people were getting back to in person meetings our group was split between going back

in person or remaining on Zoom. Since some of us moved away, were immune compromised or just not comfortable going back to in person meetings we decided to create a new group to allow both to take place. Our group is new as of July 1, 2022 and could use support. We have been excited as we experience newcomers periodically along with other visitors and would love to have more woman join us. We have a lot of long-time sobriety as well as strong new woman at varies lengths of sobriety. Our business meetings are the 2nd Friday of each month. We welcome and look forward to more Home Group members.



Just for Fun....



**Across**

- 4. \_\_\_\_ is the spiritual foundation of all our traditions...
- 5. Ninth step
- 7. We share our experience, strength and \_\_\_\_
- 9. half \_\_\_\_ availed us nothing
- 10. number of steps
- 11. AA magazine

**Down**

- 1. We admitted we were powerless over alcohol-that our lives had become \_\_\_\_\_.
- 2. state of being sober
- 3. Our common welfare should come \_\_\_\_\_.
- 6. Literature used in the program - big \_\_\_\_\_
- 8. God grant me the .....

Hopefully that was easy ☺ I will challenge you in the future...  
 Answers will be in next month's newsletter!

Each month there will be commentary on a writing from “The Language of the Heart – Bill W’s Grapevine Writings”.

January Selection → “AA Tomorrow – July 1960”

When I first read the title, I admittedly judged the article by the title so to speak. My first thought when I think of “AA tomorrow” is Alcoholics Anonymous being available to future generations. While I do not have children of my own, young people (I teach kindergarten) surround me each day. I also think to my 5 (soon to be 6) nephews and nieces. I think of a time that may come for the next generation and even the next that they need the rooms to help them. I think of how grateful I am that the doors of Alcoholics Anonymous were so readily open to me for when I had hit the proverbial rock bottom and surrendered.

As I read the grapevine writing I was drawn to the line – “Complacency would be impossible.” Within AA, we have to continue to work the twelfth step and help the newcomer or the person coming back after going out again. We have to stay involved in service work – for if complacent nothing will happen. It makes me think of the adage – “Nothing changes if nothing changes”. If we just do the bare minimum all the time – we will get bare minimum results. Two questions are asked within the writing and they are

1.) Am I trying to practice these principles’ in all my own affairs?

Or

2.) Am I simply complacent and quite content with just enough spiritual nourishment to keep me sober?

These are thoughts for you to ponder on your own. As I reflect I know that ALL sticks out for me in the first question, as it means in the meeting, out of the meeting, at work, at my parents’ house, in traffic etc. The next questions reminds me to remain teachable. I never want to feel like I have just enough.

The writing also discusses “Alcohol education – AA style”. The crux of this term is that we can be living sober examples to others that AA works. If I think again about my nephews, it is my hope that if they ever needed help with alcoholism that I would be a trusted resource for them to talk to

In closing, the writing titled “AA tomorrow” asks many questions related to how we are going to keep AA going and how willing we are to keep the door open for the next person. The writing closes with his line –

“ For so long as we remain sure that our “one world of AA” is God’s gift rather than any virtue earned or created by ourselves; and for so long as our “one world” continues to be ever more inclusive of those in need; and for so long as we speak and try to perfect the language of love- for just so long may we count upon making whatever rendezvous with destiny that God would have us.”

All cited words are from “The Language of the Heart – Bill W’s Grapevine Writings” AA Grapevine 1988. New York, NY. Pages 308-312.

The commentary is solely the interpretation of one alcoholic’s experience and does not reflect the view of AA as a whole.

## Upcoming Events:



30 YEARS OF  
SISTERS IN SERENITY

Join us to celebrate our 30th anniversary with a potluck party. Please bring a dish to share. All are welcome (including men) to both dinner and our meeting.

**FOOD & FELLOWSHIP @ 6 PM**  
**OPEN MEETING @ 7 PM**

**FRIDAY, FEBRUARY 3<sup>RD</sup>**

ST. MATTHEW'S CATHOLIC CHURCH  
ADDRESS: 901 E NEWPORT PIKE, WILMINGTON, DE

## **Anniversary Club**

Bill C 5/2/78	Ken P 9/20/83
Bob A 7/9/90	Kerry O 4/20/08
Bob M 1/17/83	Laura R 6/21/95
Brendan D 5/3/09	Leslie D 2/20/90
Brenda A 2/23/85	Liza F 1/20/05
Carel B 4/26/04	Marilyn M 6/26/99
Carolyn W 7/15/82	Marie R 9/6/83
Christopher K 1/03	Mary Ellen S 1/24/10
David C 2/1/94	Melissa S 6/23/08
David G 7/6/99	Mike M 4/20/91
David F 11/23/07	Nancy V 2/21/05 (deceased)
David K 12/3/72	David S 7/8/86
Patricia K 12/17/87	
Debbie H 3/16/91	Patsy M 1/6/88
Doris S 4/80	Phyllis M 3/9/88
Doug W 2/28/91	Sally C 10/15/95
Ed H 1/28/96	Shirley U 3/19/76
Franny C 5/7/96	Stanley B 3/5/79
Fred M 5/5/90	Suzanne M 4/4
Gail R 6/4/92	Tenney W 5/15/82
Jaime B 8/8/04	Tom H 7/2/04
Jaffrey H 11/24/96	Tom McD 1/16/96
Janice S 12/25/10	Tracy D 2/28/13
Jason B 4/20/09	Valerie S 2/3/89
Jim S 4/10/88	Walt A 1/94
Kara G 11/8/12	Wes J 4/21/75
Kathy O 6/11/97	Wes M 2/1/94
Ken H 11/4/97	

\*\*\* Would you like to celebrate your anniversary, show your fellows how the program works and contribute to your Northern Delaware Intergroup at the same time? The anniversary club is easy to join, Here's how it works... you can email the information below to intergroup at [mainoffice@ndiaa.org](mailto:mainoffice@ndiaa.org). A small donation of \$1 per year sober is all it costs to have your name and anniversary date printed in the newsletter every month for a whole year. \*\*\*

If you would like to contribute anything to the newsletter please email Monica at [Mon92890@gmail.com](mailto:Mon92890@gmail.com)