

# 12-STEP VOLUNTEERS



## **What does a 12-Step volunteer do?**

12-Step volunteers work hand-in-hand with Home Answering and Central Office. They do everything from talking to a practicing alcoholic about AA, taking someone to their first meeting or taking an out-of-town visitor to a meeting. Whereas Home Answering volunteers take the initial call and disburse it, 12-Step volunteers do the actual "leg work".

## **How does the process work?**

When someone calls either the Home Answering or Central Office, the individual is asked for their first name, phone number and location. Then, the 12-Step list is consulted, and depending on whether it is a man or woman, the appropriate person in that area is contacted and given the information. The 12-Step volunteer then contacts that person.

## **Will I be continuously doing 12-Step calls? I'm not sure if I have that much time to volunteer!**

No, most of the time you will just be talking to them on the phone and then perhaps meeting them at a meeting. However, there are times when it could be necessary to get another person and actually go out and do a 12-Step call. Because you will only be contacted if someone calls from your zip code, you could go for months without receiving a call. The Central Office will make sure that any volunteers will have all information needed to do 12 step work.

## **How can I sign up?**

There is a sign up form on the NDIAA website ([www.NDIAA.org](http://www.NDIAA.org)) and there are copies of the sign up form at the Central Office in Trolley Square. You can also email the Central Office at [mainoffice@ndiaa.org](mailto:mainoffice@ndiaa.org) and include your name, the area you live in, your telephone number, sobriety date and what day or days you are available to do 12 step work and if you are available days or nights or both. The Central Office will contact you to give you all the information you will need once you sign up.

**\*\*All 12 Step Volunteers must have one year of continuous sobriety\*\***

**\*\* Thank you for your service!\*\***

